

Coaching and Mentoring Skills

A one-day programme aimed at improving the coaching and mentoring skills of leaders at all levels. This programme will help with:

- improving performance
- supporting organisations in maximising capacity
- helping colleagues to identify, clarify and work on unused opportunities or to unlock potential
- creating a “can do” organisational culture

It takes participants through the “Coaching Journey” and enables them to examine and talk through real issues affecting both their own and their colleagues’ performance.

The approach uses coaching triads and challenges participants to undertake coaching, observer and client roles.

Key themes are:

- Listening Skills
- Giving and Receiving Constructive Feedback
- Goal Setting

How do I find out more?

You can find out more by contacting either:

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Improving the Quality of Leadership: Leading the Improvement of Quality

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